

Fast Facts

for Patients & Families

Elbowlift® Suspension Pad is a soft latex-free foam elbow pad designed to:

- Elevate and cushion the elbow in smooth foam
- Protect the elbow from friction burns and bruising
- Prevent pressure ulcers (sores) and other skin injuries



Prevent Elbow Injury and Discomfort

What is the purpose of the Elbowlift?

Any individual with compromised circulation or sensation may damage skin and tissue under continuous pressure of a hard surface for more than an hour. The Elbowlift can alleviate this kind of pressure:

- **Trauma:** Falling on the elbow can cause the elbow to swell.
- **Infection:** In addition to padding the elbow, Elbowlift, together with skin treatment, can prevent elbow infection caused by cuts.
- **Rheumatoid Arthritis (RA) and Gout:** Patients with these medical conditions are particularly prone to elbow inflammation (bursitis).

Elbowlift can also serve patients suffering from ulnar neuritis (cubital tunnel syndrome). Padding the ulnar nerve can provide relief from the aching and tingling associated with this condition.

Elbowlift Suspension Pad benefits patients who are bedridden or who spend time in a wheelchair.

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ELBOWLIFT®
S U S P E N S I O N P A D

How can I help?

1. Ask the caregiver about Elbowlift.
2. Ask the clinician to apply Elbowlift.
3. Report any concerns, skin damage, or personal hygiene issues to the clinician immediately.

Resources:

1. DM Systems Inc. - Clinician Validated · Cost Performer for Heel Ulcer Prevention
www.heelift.com
2. Patient Guide to Pressure Ulcer Treatment & Prevention
www.heelift.com/pdf/PressureUlcerGuide.pdf
3. PatientCareLink.org - Improving Patient Care Pressure Ulcers
<http://goo.gl/jxTY3Q>