



Heelift® AFO
Patent Pending



Heelift® Glide
Patent Pending

Fast Facts

for Patients & Families

Heelift® brand boots are soft, latex-free foam boots designed to:

- Elevate the heel while lying down
- Protect the foot and ankle from injury due to pressure and friction
- Allow the wearer to reposition as needed while Heelift stays in place on the foot
- Be easily customized for any unique injury or positioning needs the wearer may have
- Avoid impact with the kickplate of the wheelchair by wearing the Heelift® AFO, which has a semi-rigid brace



Heelift® AFO



How can I help?

1. Ask the caregiver about the Heelift boot.
2. Ask the clinician to apply the Heelift boot.
3. Ask the caregiver to customize the Heelift (as appropriate).
4. Report any concerns, skin damage, or personal hygiene issues to the clinician immediately.

Resources:

1. DM Systems Inc. - Clinician Validated · Cost Performer for Heel Ulcer Prevention www.heelift.com
2. Patient Guide to Pressure Ulcer Treatment & Prevention www.heelift.com/pdf/PressureUlcerGuide.pdf
3. PatientCareLink.org - Improving Patient Care Pressure Ulcers <http://goo.gl/jxTY3Q>

Heel Pressure and Diabetic Ulcer Prevention and Treatment

Any individual with compromised circulation or sensation in their lower extremities (heels, feet, ankles) may damage skin and tissue under continuous pressure (for more than one hour) from a hard surface.

What is the purpose of a suspension boot?

- Protect your heels, feet and ankles from pressure sores, diabetic sores or other skin and tissue injury.
- Protect any area with existing sores or tissue injuries, and help them heal faster.
- Assist with positioning, management of pain and comfort
- Prevent foot drop.

Injured or damaged skin is very difficult to treat and may become a chronic condition that requires hospitalization. The risk for infection in the heels, feet and ankles is high. In worst case scenarios, systemic infections may develop. These can lead to amputation, especially in diabetics.



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